EAT. DRINK. SOCIALIZE.

PALS CAFE

Monday - Friday Breakfast 7:30am - 9:00am Lunch 11:00 am - 1:00 pm

WEEK OF MAY 6



RISE & SHINE

BREAKFAST SPECIALS

italian sausage strata 3.95 3.95 spinach & mushroom egg strata ham egg & cheese burrito 6.95

HOT GRAZE: MAC & CHEESEOLOGY

.51/oz

build your own mac & cheese bowl with proteins, cheeses, vegetables and panko crunch

FOOD WORKS: KABOBSKE @ PALS CAFE

HOT GRAZE: MAC & CHEESEOLOGY

.51/oz

build your own mac & cheese bowl with proteins, cheeses, vegetables and panko crunch

FOOD WORKS: SHANGO'S URBAN TAQUERIA @ MAIN STREET CAFÉ

HOT GRAZE: MAC & CHEESEOLOGY

.51/oz

build your own mac & cheese bowl with proteins, cheeses, vegetables and panko crunch

FB

PICCOLA ITALIA PIZZA

7.05/8.70

choose your crust, sauce and fresh toppings to create your own pizza

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WEEKLY FEATURES

AVAILABLE ALL WEEK FLAME GRILL SPECIALS

includes choice of side

bbg portobello mushroom sandwich (V) 8.40 pork carnitas chili rojo torta 8.40

SWAP YOUR SIDE

FIT red cabbage & kale slaw (VG) FIT red quinoa fruit salad (VG)

PICK 3 MEAL DEAL

caesar salad

half ham and swiss on sourdough

half turkey on wheat

choice of whole fruit or chips and a 20 oz bottled beverage

SOUPS

MONDAY

broccoli cheddar

TUESDAY

broccoli cheddar

WEDNESDAY

broccoli cheddar

THURSDAY

loaded baked potato

FRIDAY

loaded baked potato